

CLASS SCHEDULE

AQUA AEROBICS-

- **MONDAY**
 - 9AM-10AM
 - 5:30PM-6:30PM
- **TUESDAY-**
 - 9AM-10AM
- **WEDNESDAY-**
 - 9AM-10AM
 - 5:30PM-6:30PM
- **THURSDAY-**
 - 9AM-10AM
- **FRIDAY-**
 - 9AM-10AM

TRIIYOGA BASICS-

- **MONDAY**
 - 8:30AM-9:30AM
- **WEDNESDAY-**
 - 8:30AM-9:30AM
- **FRIDAY-**
 - 8:30AM-9:30AM

ZUMBA-

- **TUESDAY-**
 - 5:30PM-6:30PM

ADVANCED STEP-

- **THURSDAY-**
 - 5PM-6PM

CIRCUIT TRAINING & CARDIO-

- **MONDAY**
 - 5PM-6PM
- **TUESDAY**
 - 5PM-6PM
- **WEDNESDAY-**
 - 5PM-6PM

TIA CHI

- **TUESDAY**
 - 9AM-10AM
- **THURSDAY**
 - 9AM-10AM

COME JOIN A CLASS, NOT A MEMBER NO PROBLEM TRY A CLASS FOR \$5.00 OR PURCHASE A NON-REFUNDABLE CLASS CARD 5 CLASSES \$20, 10 CLASSES \$35.

CLASSES ARE SUBJECT TO CHANGE AT ANY TIME

ROOM RENTALS & POOL PARTIES MAY CHANGE A SCHEDULE AT ANY TIME

161 E. Lincoln Ave

(530)938-4685

www.weedrec.org

<https://www.facebook.com/WeedRecreationandParksDistrict/>

<https://wrpd.recdesk.com/Community/Home>

Business Hours

Mon-Thurs

- 8:30am-5:30pm

Fri

- 8:30am-5pm

Sat & Sun Closed

-----FULL GYM ACCESS-----

24/7 ACCESS TO GYM EXTRA FEE